

# CLAIRE UNIS, MD, MFA

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## Literary Art in Medicine

### PROFILE

Practicing physician, writer, and teacher who dedicates herself to exploring and sharing the ways in which the literary arts enhance humanism in the practice of medicine. Both writing and medicine require a depth of perception and reflection that enriches the lives of doctors and patients, authors and their readers. In the telling of stories and the receiving of them lie a wealth of opportunity for connection and enrichment.

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### WORK EXPERIENCE

#### Sutter Medical Group, Auburn, CA — 2005-Present

Board-certified pediatrician and Clinician Communication Coach

#### Sutter Medical Joy of Work Committee — 2020-Present

Literature in Medicine champion: creation of literature and writing classes and curricula for clinicians with any Sutter affiliation in northern California, leading book club discussions, writing regular blogs for Sutter Medical Group and multiple articles for internal publications, and leading Narrative Medicine sessions

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### EDUCATION

University of San Francisco — MFA, 2001

University of California, San Francisco — MD, 2000

Dartmouth College, Hanover, NH — BA, 1995

### PUBLICATIONS (POETRY and CREATIVE NONFICTION)

"Coyote Ridge," *Five Minutes*, Nov 2022

"Decussation," *Green Ink Poetry*, Oct 2022

*Balance, Pedal, Breathe: A Journey through Medical School*, Warren Publishing, April 2022

"Touch: A Surgery Rotation," *Intima: A Journal of Narrative Medicine*, Editor Donna Bulseco, April 2021

"Bird Song in my Pediatric Office" and "Driving my son to soccer practice," *The Beautiful Space - A Journal of Mind, Art, and Poetry*, March 2021

"Winter Solstice 2020: Acceptance," *Eastern Iowa Review*, Issue 13, Editor Chila Woychik, Port Yonder Press LLC. Feb 2021

"Searching for Sparks," *Pulse: Voices from the Heart of Medicine* February 2021

"Pandemic," *Poetry and Covid*, January 25, 2021

"False Spring," *Pulse: Voices from the Heart of Medicine*, January 2021

"The Vaccine," *Pulse: Voices from the Heart of Medicine*, January 2021

"The Baby Shower," *KevinMD.com*, December 2020

"Twelve," *Reflections on a Life with Diabetes: a memoir in many voices*, Ed. Diane Parker and Ruth Mark, College Station, TX, 2004

"Medical Experience," *Bicycle Love: Stories of Passion, Joy, and Sweat*, Ed. Garth Battista, Breakaway Books, Halcottsville, NY, 2004

"POOF: The Psychiatrist," *The Awakenings Review*, Vol 2, No 1, Ed. Robert Lundin, The Awakenings Project, Glen Ellyn, IL, 2002

"Unsure Footing," *Sport Literate*, Vol 4 Issue 2, Ed. William Meiners, Pint-Size Publications, Inc, Chicago, IL, 2002 multiple contributions,

[YourDoctor.com](http://YourDoctor.com), Berkeley, CA 2000

"From Medical Student to Surgical Patient," *Synapse*, UCSF, San Francisco, CA, March 12, 1998